



### JOINING US

We are looking for men and women between 20 and 50 who are single, have been baptized and confirmed as Catholics for two years or more, who have a relationship with God and are seeking more of Him for the growth of perfect charity and humility; willing to live simply, and under the discipline of obedience and accountability.

Candidates who are accepted live as postulants for six months to a year, adjusting to the basics of community life. There is a year of novitiate, a time of more intensive learning of the Rule of St. Benedict, and Benedictine Spirituality. Then there is the juniorate period of three to six years, a time of beginning to live under vows and and developing one's work and ministry life in the community. When one takes solemn vows, one assumes a full membership in the planning and discerning of the community's life.

If a monk discerns a call to priesthood, and it is affirmed by the community, the studies and training that lead to ordination begin after solemn vows.

### QUESTIONS FOR DISCERNING

Is God calling me to go beyond the ordinary way of living a Christian life?

Am I willing to make big changes in my life for the sake of God's call and loving and serving others?

Am I willing to seek happiness in God alone?



### FINDING OUT ABOUT US

The best way to learn about us is to come visit us. You will have the opportunity to see who we are, how we live our oneness with God and one another, how we pray, and how we minister to God's people and care for the things he has given us.

P.O. Box 490  
WAIALUA, HI 96791  
808-637-7887

If interested in personal or group retreats,  
or if God is calling you to join our community:  
Please Call or E Mail: Sr. Celeste "CC" Cabral  
at ext 332

[srccinhl@hawaiibenedictines.org](mailto:srccinhl@hawaiibenedictines.org)

visit us at [www.hawaiibenedictines.org](http://www.hawaiibenedictines.org)

# Lord, Where do you live?

## Come and See!



*Mary, Spouse of The Holy Spirit*  
**Monastery**



BENEDICTINE MONASTERY OF HAWAII

A contemporary version of the double  
monastery where men and women  
dedicate their lives to God together in a  
witness to Spirit-led living.

## WHERE WE COME FROM



The Benedictine Order was founded by St. Benedict in the early 6th century in Italy. The Rule that he wrote for monastic living became a standard for monasteries in the Western Church. A monastery is a religious community of men and/or

women who consecrate themselves to God to live lives under vows of obedience, stability and conversion of life, devoted to seeking God in prayer, spiritual reading and work in the context of the monastic community. A monastery is guided by a Rule, and a Superior who is often called a Prior or Abbot.



**READY FOR HAWAII: Br. John, Fr. Bernie, Fr. Michael, Sr. Mary Jo, and Br. Dave.**

Our monastery was founded in 1983 by five members from Our Lady of Guadalupe Abbey in New Mexico to bring evangelization, through retreats, spiritual renewal and healing in Hawaii. We have been located in Waialua since 1987.

The community in Hawaii spent 30 years under the Olivetan Benedictine Congregation. On July 11, 2013 we became a Public Association of the Faithful under the Honolulu Diocese in the Benedictine Tradition.



## OUR LIFE AND CHARISM

The heart of our lives, the fundamental purpose of being a Benedictine Community, is to be a community of people consecrated to God, seeking greater union with Him through prayer, the beauty of the land, the liturgy of the Church and in relationships with one another and the people who come here seeking God. We are somewhat set apart from the world that we may order our lives and our work to enhance our relationship with God, to allow greater spiritual growth into an integrated life.

We have Eucharist daily, pray Morning and Evening Prayer, Compline, Rosary and the Angeles. Many of us also spend time before the Blessed Sacrament. Praying and interceding for others, for the Church, and our world is an important part of our prayer.



The work we do is quite varied. We operate a retreat center, hosting church and spiritual groups as a place for days of recollection and retreats. We are also an oasis for individuals seeking time away, spiritual direction, and healing. Besides spiritual ministry, daily work like ground and building maintenance,

housekeeping, clerical work, and cooking keep our place going and are an important part of our lives.



## MINISTRIES AND OUTREACH

Many of our members are involved with various ministries in the diocese. These include Basic Christian Community of Hawaii, Hawaii Catholic Charismatic Renewal, Catholic Home Schools, Life Teens, Diocesan Youth and Young Adult ministries, Rachel's Vineyard, Spiritual Direction and Counseling, and various parish ministries.

We also have Oblates, lay people who wish to associate themselves with our spirituality who gather here monthly for teachings and fellowship.